CHAPLAIN BRIEFING

FOR LEADERS

CSMs

S

COMMANDER

XOs

PLATOON LDRs

PLATOON SGTs

SQUAD LEADER

STAFF OFFICER

KEY CONCEPTS

- UNIT MINISTRY TEAM (UMT)

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- LOW DENSITY MOS

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- PRIVILEGED COMMUNICATION

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- UNIT MINISTRY TEAM (UMT)
- LOW DENSITY MOS
- PRIVILEGED COMMUNICATION
- CHAPLAINS DO NOT MAKE NEXT OF KIN NOTIFICATION

AT YOUR SERVICE

AT YOUR SERVICE

- PROVIDE OR PERFORM

AT YOUR SERVICE

- ✔ PROVIDE OR PERFORM
- ✔ COUNSELING

AT YOUR SERVICE

- PROVIDE OR PERFORM
- COUNSELING
- SUICIDE PREVENTION

AT YOUR SERVICE

- PROVIDE OR PERFORM
- COUNSELING
- SUICIDE PREVENTION
- MORAL LEADERSHIP DEVELOPMENT

AT YOUR SERVICE

- PROVIDE OR PERFORM
- COUNSELING
- SUICIDE PREVENTION
- MORAL LEADERSHIP DEVELOPMENT
- “EYES AND EARS”

AR 600-20
ARMY COMMAND POLICY

“IT IS THE ARMY’S POLICY TO APPROVE REQUESTS FOR ACCOMMODATION OF RELIGIOUS PRACTICES WHEN THEY WILL NOT HAVE AN ADVERSE IMPACT ON MILITARY READINESS, UNIT COHESION, STANDARDS, HEALTH, SAFETY, OR DISCIPLINE, OR OTHERWISE INTERFERE WITH THE PERFORMANCE OF THE SOLDIER’S MILITARY DUTIES.”

ACCOMMODATION OF RELIGIOUS PRACTICES

1. RELIGIOUS WORSHIP PRACTICES
2. RELIGIOUS DIETARY PRACTICES
3. RELIGIOUS MEDICAL PRACTICES
4. RELIGIOUS DRESS AND APPEARANCE PRACTICES

COMMANDERS WILL DETERMINE:

1. IF THE REQUEST IS SINCERE AND RELIGIOUS-BASED.

2. IF THE REQUEST WOULD HAVE AN ADVERSE IMPACT . . . .

“RELIGIOUS PRACTICES REQUIRED BY INDIVIDUAL CONSCIENCE MAY WARRANT THE SAME CONSIDERATION FOR ACCOMMODATION EVEN IF NOT BASED ON TENETS OF A RECOGNIZED RELIGIOUS GROUP.”

WORSHIP PRACTICES

“WORSHIP SERVICES, HOLY DAYS, AND SABBATH OBSERVANCES WILL BE ACCOMMODATED EXCEPT WHEN PRECLUDED BY MILITARY NECESSITY.”

“RELIGIOUS WORSHIP CONFLICTS WILL BE HANDLED BEST AT THE LOWEST LEVEL WHERE PERSONAL RELATIONSHIPS AND KNOWLEDGE OF THE CIRCUMSTANCES EXIST.”

“ORDINARY LEAVE WILL BE AN ALTERNATIVE FOR LENGTHY HOLY PERIODS OR DAYS.”

DRESS AND APPEARANCE

“A COMPLETE PROHIBITION ON THE WEARING OF RELIGIOUS APPAREL MAY BE APPROPRIATE UNDER UNIQUE CIRCUMSTANCES. . . .”

AR 600-20 ESTABLISHED THE COMMITTEE FOR THE REVIEW OF THE ACCOMMODATION OF RELIGIOUS PRACTICES IN THE ARMY.

CONSIDERATIONS

1. SOLDIER MUST CARRY OUT ORDER UNTIL ACCOMMODATION IS APPROVED.

2. THE COMMITTEE FOR THE REVIEW OF RELIGIOUS ACCOMMODATION IN THE ARMY IS ADVISORY; COMMANDER DECIDES.

3. ACCOMMODATION MAY VARY WITH COMMANDER.

4. AR 600-20 IS NOT A PUNITIVE REGULATION.

5. THE REQUEST TRIGGERS THE SYSTEM.

WISDOM FROM AN ANCIENT COMMANDER

Μηκεθ’ ολως περι του, οιον τινα ειναι τον αγαθον ανδρα δει, διαλεγεσθαι, αλλα ειναι τοιουτον.

ΜΑΡΚΟΣ ΑΥΡΗΛΙΟΣ

“PUT AN END ONCE FOR ALL TO THIS DISCUSSION OF WHAT A GOOD MAN SHOULD BE, AND BE ONE.”

MARCUS AURELIUS

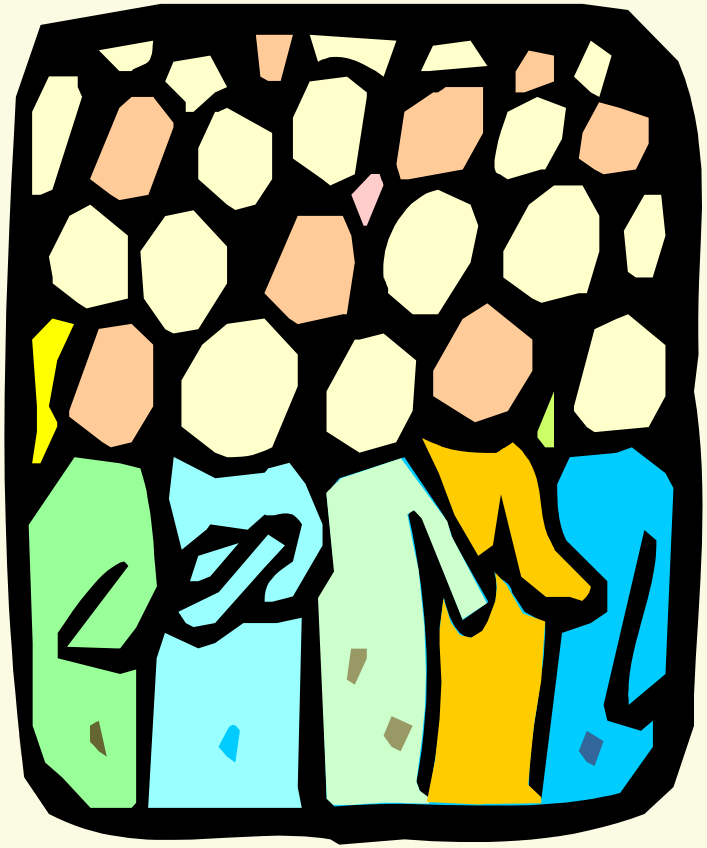
SUICIDE PREVENTION

WHAT IS SUICIDE?

A Leadership Issue

WHO COMMITS SUICIDE?

- Women attempt suicide more than men
- Men actually kill themselves more often
- More common with age, but teenage rate is growing
- Whites attempt more than blacks



PRIMARY SIGNS

FEELINGS OF:

-Hopelessness

-Helplessness

-Worthlessnes

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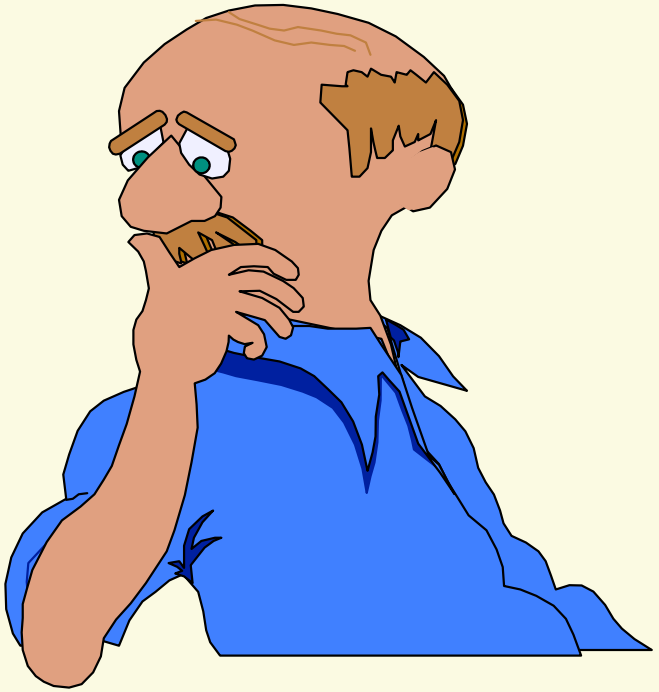


“The HHW Syndrome”

CAUSES OF THE HHW SYNDROME

- ✔ Worry About Job or School Performance
- ✔ Loss of Emotional Support System
- ✔ Loss of Social or Financial Status

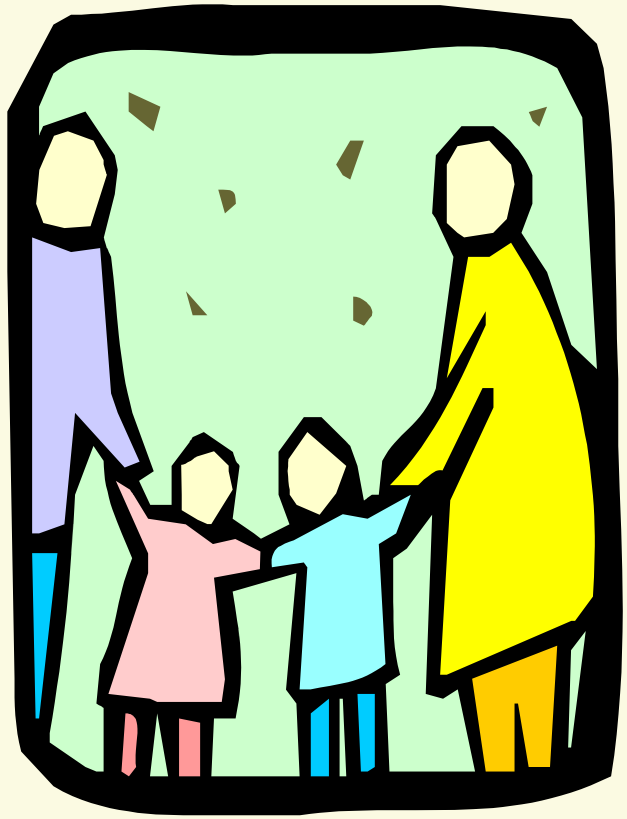
As a LEADER, be responsible and be on the lookout for these issues with your soldiers.

CAUSES OF THE HHW SYNDROME (Continued)

- ✔ Drug or alcohol Abuse
- ✔ Loss of Job
- ✔ Debt/ Low Income
- ✔ Downward Mobility and Shame: DUI, Arrest for Molestation of a Minor, etc.

The Great Contributor to HHW:
RELATIONSHIP PROBLEMS

- ✔ Breakup of Romantic Relationship
- ✔ Marital Problems
- ✔ Separation/Divorce
- ✔ Death of a Family Member or Close Friend



SUICIDE PREVENTION
An Overview

- *Warning Signs*

YOU ARE A LEADER! Look for these signs in your soldiers, and take some extra time. YOU ARE A LEADER!

BE ALERT FOR CLUES

NEARLY 80% OF THOSE WHO ATTEMPT OR

COMMIT SUICIDE GIVE SOME

TO

THEIR INTENTIONS.

SUICIDE DANGER SIGNALS

- ✔ Traumatic Situations
- ✔ Depressive Symptoms
- ✔ Verbal Warnings
- ✔ Behavioral Warnings

BEHAVIORAL WARNINGS

- ✔ Organizing business and personal matters.
- ✔ Giving away possessions.
- ✔ Composing a suicide note.
- ✔ Buying a gun.
- ✔ Planning one's own funeral.
- ✔ Obsession with death.
- ✔ A sudden lift in spirits.

VERBAL WARNINGS

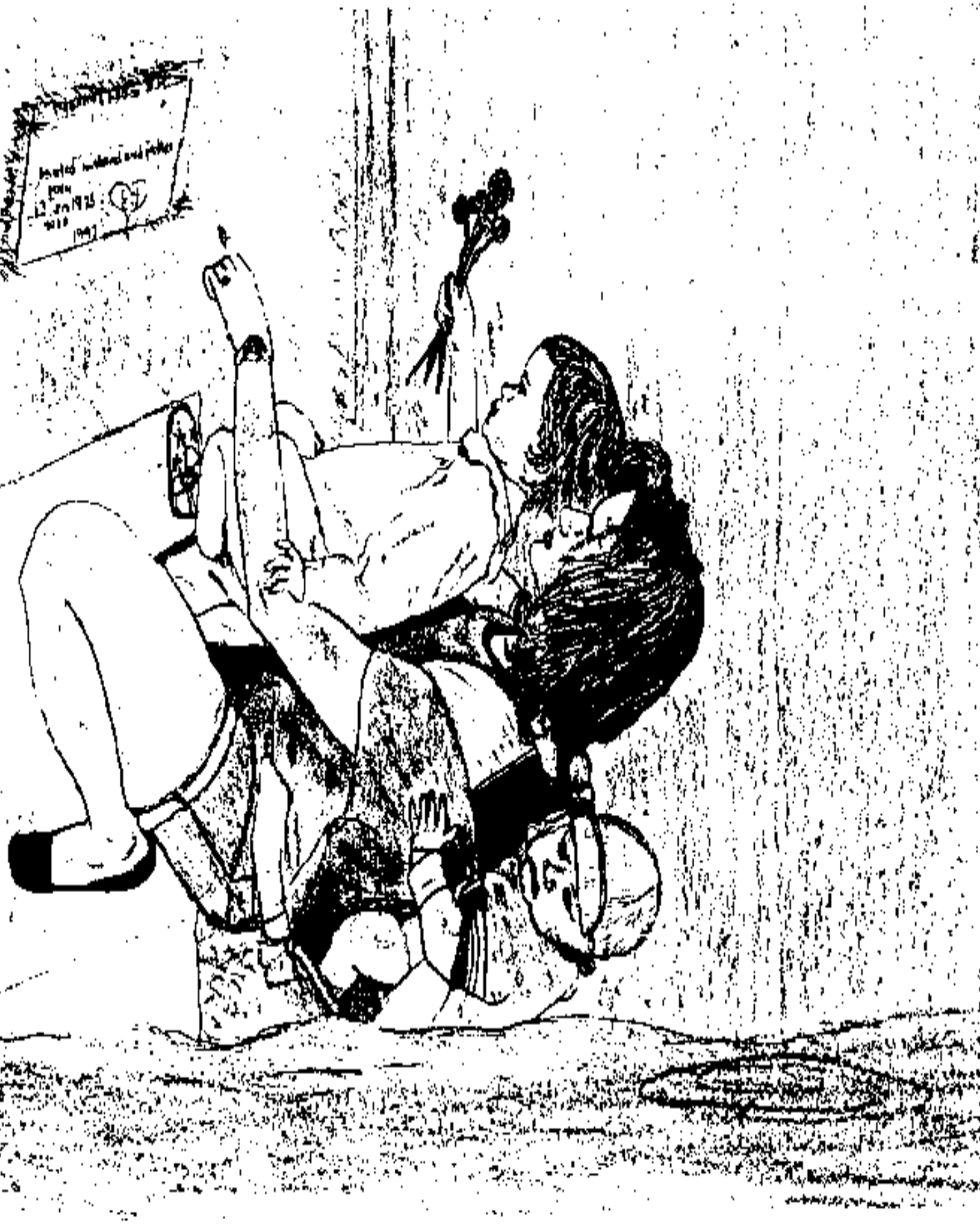
- ✔ “I’m going to kill myself!”
- ✔ “I’d be better off dead.”
- ✔ “I just can’t go on any longer.”
- ✔ “You won’t be seeing me around anymore.”
- ✔ “I’m getting out, no matter what.”
- ✔ “I’m going home real soon.”

Warning Signs

You will see the signs.

The ? Is, will you recognize them and will you help.

The next slide seems so obvious, but both a friend and the soldier's wife did not respond. The drawing is done by the soldier and has his name on the grave marker, with a date of death.



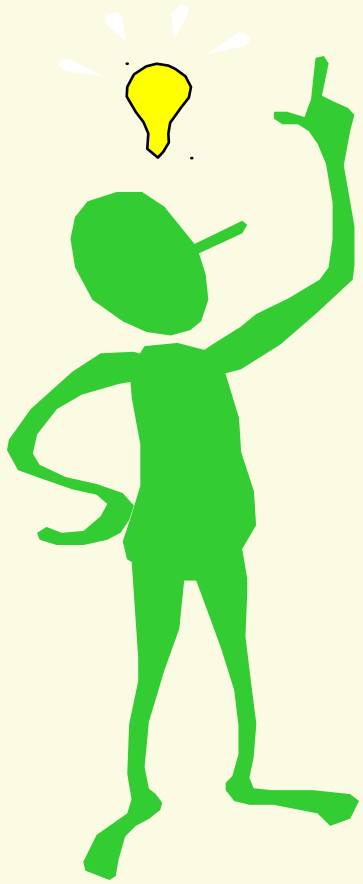
SUICIDE PREVENTION

An Overview

- What to Do / What Not to Do

THINGS TO REMEMBER

- ✔ You are a LEADER
- ✔ Take Threats Seriously
- ✔ Answer Cries for Help
- ✔ Confront the Problem
- ✔ Be Direct
- ✔ Tell Them That You Care
- ✔ Get Professional Help



GETTING PROFESSIONAL HELP

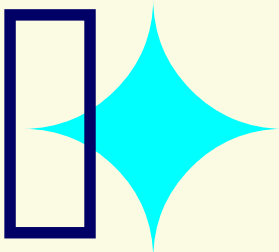
- ✔ Crisis or Suicide Prevention Centers
- ✔ Physicians
- ✔ Chaplains or Local Clergy
- ✔ State and Local Mental Health Centers
- ✔ Mental Health Professionals
- ✔ School Counselors
- ✔ Employee Assistance Programs
- ✔ Family Support Groups

DO NOT:

- ✔ Leave the Person Alone
- ✔ Assume the Person is “not the type”
- ✔ Keep It a Secret
- ✔ Act Shocked
- ✔ Argue or Reason
- ✔ Analyze
- ✔ Shock or Challenge

SUICIDE PREVENTION

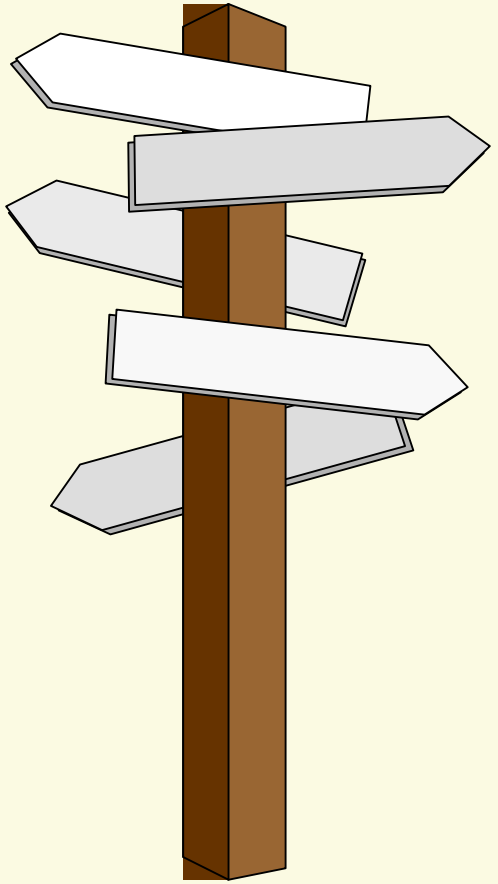
An Overview



Impact

IMPACT ON FAMILY AND WORKPLACE

- ✔ Intense Feeling of Loss
- ✔ Social Scorn
- ✔ Financial Worries
- ✔ Guilt
- ✔ Leadership Questioned



REMEMBER:

LEADERSHIP IS THE KEY.

BE A LEADER TO SOMEONE IN NEED.